

EN



MUSEUM

TEACHING KIT

USEFUL INFORMATION



Taekwondo

URL of the page: <https://www.fesport.insep.fr/en/taekwondo>

Taekwondo is a martial art of Korean origin, distinguished by its fast and powerful kicking techniques, its punches, and its blocking and clearing techniques.



©
INSEP

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



> ACCUEIL

FOLLOW US



This site uses cookies and gives you control over what you want to activate

✓ OK, accept all

✗ Deny all cookies

Personalize

URL of the page: <https://www.fesport.insep.fr/en/taekwondo>