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## Savate

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Savate or French boxing is a fist-and-foot combat sport of French origin, in which the 2 opponents wear gloves, appropriate footwear (booties) and a special outfit called an "intégrale".

Male and female combatants are called shooters. Its origins date back to the 19th century, with its roots in the tradition of French fencing, from which it borrows its vocabulary and spirit.

Competitions, with age and weight categories, can be of 2 types.

In the assault category, fighters are judged on their technical and tactical qualities and their style.

In the combat category, power is not limited and one of the 2 fighters may be knocked out of the match.



### **Did you know?**

French boxing was declared a UNESCO World Heritage Site in 2015.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



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