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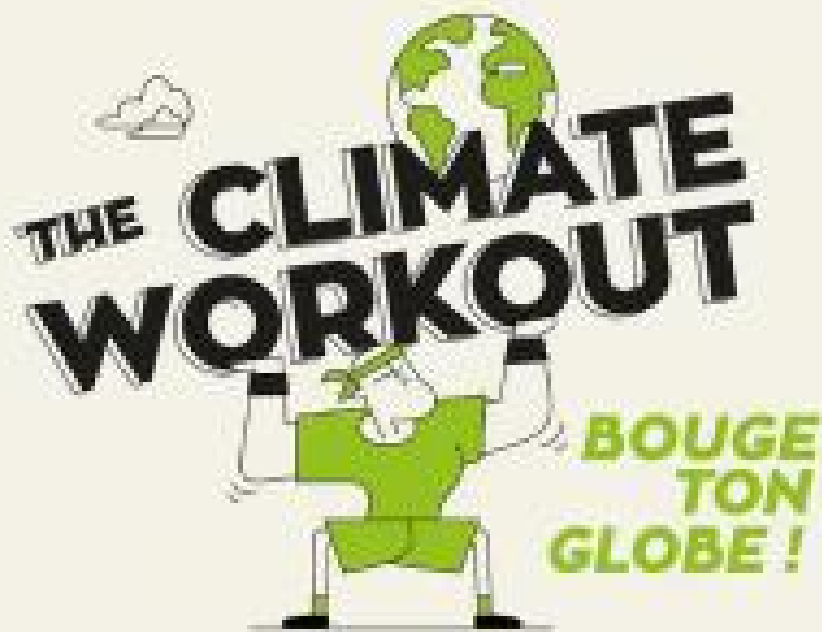
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## Climate Workout

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URL of the page: <https://www.fesport.insep.fr/en/climate-workout>



The Climate Workout is a fun workshop designed to raise awareness of global warming. Our aim is to promote the ecological transition through movement, and above all with optimism!

The workshop was co-constructed with Olympic athletes, sports trainers, brain and environmental experts. It has already been tested with 40 professional athletes from the Etoiles du Sport, the National Olympic Committee and the French Ministry of the Economy, and is a winner of the Annecy city council's "Transitions 2023" call for projects.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA).

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